



# Paw Prints

Volume 11, Issue 3

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September 2006

## Pet Appreciation Day! - Saturday 30SEP06

Please join us for another fun-filled, and hopefully rain free day. The events will include:

**ALL DAY**—Representatives from food companies will be on hand to answer questions about pet nutrition. Green Acres' Groomers and Trainers will be available for questions as well. Nail Trims will only be \$4 and all proceeds will be donated to the Bangor Humane Society *Shed & Emily Fund*.

### Educational Events

**9AM & 3PM—Recall Clinic**—Learn how to teach your dog to come reliably with help from the Green Acres' training staff. Practice in the training field with professional assistance.

**9AM-11AM—Understanding Pet Nutrition**—This seminar will focus on nutrition as the foundation of good health. We'll expose the many myths about pet nutrition and discuss the often contradictory information on what types of food are best for the average dog and cat. We will also use the Green Acres Kennel Shop food comparison database to look at several types of foods including their advantages, disadvantages, risks and what they really cost.

**10AM & 4PM—Walking Politely Clinic**—Let our training staff teach you how to keep your dog from pulling on leash and to walk nicely by your side, without using a choke or prong collar. Handouts and opportunities to practice will be available.

To guarantee your place in any of the above sessions, please register ahead of time by sending in a \$5 registration fee to reserve your spot. All registration fees will be donated to the Bangor Humane Society *Shed and Emily Fund*. Walk-ins will be allowed as space permits.

### Just For Fun

**12PM-The Precious Pet Show**— This event is for children and their dogs and cats. Each child will tell the judges and audience about how they take care of their pet and their pet's personality. Ribbons will be awarded to each entrant based on the presentation and the pet's unique characteristics. Rules are: 1) children must be between five and twelve and accom-

panied by an adult, 2) pets must be current on vaccinations and must not be aggressive, 3) dogs must be on a leash attached to a regular flat collar, head halter or harness. Choke and prong collars are NOT allowed, and 4) cats must be in a plastic or metal carrier or on a secure harness and leash. Entry forms can be obtained at Green Acres or at our website ([www.greenacreskennel.com](http://www.greenacreskennel.com)). The \$5 entry fee will be donated to the Bangor Humane Society *Shed & Emily Fund*.

### Sales (effective SAT 30SEP06 through SAT 7OCT06)

**Wysong**—Buy any size of Wysong dog or cat dry food and get a coupon for a second, of the same size, for free, before the end of the year. Limited to one per family.

**Eagle**— Buy any size of Eagle dog or cat dry food and get a coupon for a second, of the same size for free, before the end of the year. Limited to one per family.

**Evanger's**— Buy two cans of Evanger's dog or cat food and get a coupon for a third, of the same size and formula, for free. Limited to six free cans per customer.

**Steve's Real Food for Pets**—Buy any bag of Steve's Real Food for Pets and get 10% off.

**Merchandise**—All non-food merchandise is 10% off. Discount does not apply for items purchased with coupons or other discount offers.

## See you there!

### Staff Anniversaries

Shannan Bodwell — August — 19 years

Lamont Dutra — August — 12 years

Becky Robinson — August — 7 years

**Thank You!**

# Book Review: *Living with Kids and Dogs*

Colleen Pelar, CPDT and author of *Living with Kids and Dogs... Without Losing Your Mind: A Parent's Guide to Controlling the Chaos*, deserves a huge paw up for her wonderful book. This trainer/author recognized a need for a realistic, down to earth discussion about how to successfully manage the mayhem. Colleen is a Certified Pet Dog Trainer whose focus is on family based classes and she has personally survived the chaos that ensues when trying to raise kids and dogs together.

For many, it is a deeply ingrained belief that kids and dogs belong together and that no childhood is complete without a dog. Reality however is often very different. The simple fact of the matter is that sometimes children and dogs do not mix well. There is much data out there discussing dog bites and children, however very few books give us good, positive solutions. Yes, we all know that you should never leave a child and a dog together unattended, ever. If only it were that simple! Colleen looks at reality and accepts that kids will be kids and dogs will be dogs, and works with that premise. She does a great job in her discussion of solutions to the many problems faced by parents when trying to handle chaotic situations, and helps to lay the foundation so that your child and dog can build a positive relationship.

The chapters are broken down nicely and cover whether or not you should get a dog (if you do not already have one), the fundamentals of assessing the dog you have (if you do already have one), and looking at growth stages of children and the various approaches that you will need at these different ages. Time is spent on teaching your child how to interact appropriately with all dogs and becoming your dog's advocate. Colleen discusses "deal breakers" such as resource guarding and how to prevent bites. She explains the equipment you will need to train and manage your dog, and introduces ideas such as boundary ropes. Also discussed is the difference between your children and their friends and how you should handle situations when your kids have little visitors. Colleen tries to hammer home the idea that this pet, while you may have your children in mind, is ultimately going to be the parent's and thus the parent's responsibility.

The final chapter of *Living with Kids and Dogs... Without Losing Your Mind: A Parent's Guide to Controlling the Chaos* covers the topic of how to help your children say goodbye to your dog, whether it is because your dog has lived a full life and passed on or if it is because you have made the decision that your dog would be better off in a home that does not have as much activity. I must admit that this chapter put me in tears.

While Colleen does not go into the fundamentals of training with her book, she does give an overview of how to train each behavior she introduces so that the average reader would have the ability to implement these behaviors on their own. She

also includes games the kids can do to help them learn how to behave around dogs and exercises for them to assist with training. The author indicates times at which families should seek professional help with their pets. At the end, there is a nice listing of resources for those that want further information or assistance.

The important points of each chapter have been graciously summarized at the end so that you can glance at those first to determine your need for that chapter. This is not a cumbersome book and is one that you can easily read when the little one is down for a nap.

I highly recommend *Living with Kids and Dogs... Without Losing Your Mind*. It is by far one of the best books I have read in a long time, fills a long standing void and is a must have for anyone who has children and dogs living under the same roof. Available at Green Acres for \$16.95.

—Katrina Dutra

Green Acres now offers a special program for people with a dog who are expecting a child or who have recently had a child. Modeled after our very popular K9 Headstart program, this is an individual consultation with one of our Trainer/Behavior Counselors that will give you an opportunity to ask questions and will help you "survive the chaos." We encourage people to call and make an appointment for a session well in advance of the birth of their child, as a well planned strategy is key. To setup an appointment, call us at 945-6841.

## Kennel & Staff News

### Voted "Bangor's Best" 5<sup>th</sup> Year Running

For the fifth year in a row, Green Acres Kennel Shop has been voted the Bangor Region's Best Kennel in a survey conducted by Market Surveys of America. The staff of Green Acres wants to thank our wonderful clients for again honoring us with this award. Don and Paula are grateful to have such a fantastic, caring staff that share their commitment to the Green Acres' *Pet Friendly* philosophy. Market Surveys of America is a survey company independent of any newspaper or magazine publication. Their "Best of the Best" winners are determined by tallied public ballots taken throughout each specific region, and by their website (<http://www.bestofsurveys.com>).

### Congratulations Rachel & Justin

Newly promoted Kennel Manager Rachel McLeod is now Rachel Fowler. Congratulations to Rachel and her new husband, Justin Fowler. You now make the fourth wife/husband team we have working at Green Acres!

# New Products!

We are constantly looking for new, wholesome, healthy foods and quality products to offer you and your pets. Our latest offerings are:

## Steve's Turducken

Turducken is the latest addition to Steve's line of frozen, raw diets for dogs. Like Steve's Beef, Chicken and Turkey diets, Turducken is 100% nutritionally complete and offers the benefits of a raw meat/fresh fruit and vegetable diet. Ingredients are: Ground duck, chicken and turkey (including backs, necks, frames & hearts), turkey liver, broccoli, apples, carrots, sardine oil, anchovy oil, flaxseed, egg shell powder, dried kelp, sea salt, dicalcium phosphate, extract of chicory, zinc proteinate, iron proteinate, copper proteinate, rosemary extract, rice bran, and vitamin E.

## Wellness

The Wellness product line is an all-natural food for pets from Old Mother Hubbard, a respected leader in the pet food industry with an established reputation for an uncompromising commitment to product quality and innovation. Wellness contains none of the following: meat by-products, rendered animal fats, digesters, ethoxyquin, white rice, wheat, corn, soy,

artificial flavors, colors or preservatives of any kind. Wellness diets represent the most nutritious ingredients used in the correct proportions for optimum health benefits. They seek to use ingredients that we ourselves would eat. Green Acres now carries the complete line of Wellness dry and canned foods for dogs and cats. For more information, and for a **valuable coupon**, good for one free bag of Wellness with the purchase of another, visit our website at [www.greenacreskennel.com](http://www.greenacreskennel.com).

## Bravo Frozen Raw Diet

We know first hand the benefits of a raw diet and the hassles of trying to do it by ourselves. We have been looking to add another commercially prepared, raw frozen diet to our offerings for some time. We have decided on Bravo, which now gives you a rotation option to Steve's and Farmore. While Bravo is not a 100% complete diet like Steve's or Farmore, it does offer high quality, wholesome meat and a wonderful selection of bones. We recommend supplementing Bravo with Wysong's *Call of the Wild*. For more information on Bravo check our website or stop by to talk with us. Watch the website for valuable coupons for Bravo.

## Bach Flower Remedies for Pets Seminar in Yarmouth

Learn how your pet can be calmer, happier, healthier, and more confident with the aid of Bach Flower Remedies. These all natural, herbal preparations are used to help balance one's emotional state. They are effective in treating many behavioral and emotional issues with people and pets; including, but not limited to, fears, phobias, hyperactivity, intolerance, depression and grief.

This 1-1/2 day seminar will help you learn more about the behavioral and emotional needs of your pet. We will discuss normal and abnormal behaviors for both dogs and cats as well as teach you how to interpret your pet's emotional states.

Each of the 38 Bach Flower Remedies will be reviewed along with their appropriate use with pets and humans. Case studies of pets that have been helped with the Bach Flower Remedies will be examined.

The seminar will be taught by Green Acres own Don Hanson. Don is a Bach Foundation Registered Practitioner (BFRP) animal specialist, Certified Dog Behavior Consultant (CDBC) and Certified Pet Dog Trainer (CPDT). He is currently the only BFRP in North America to have completed the Bach Foundation's animal specialist program. He has lectured on using the Bach Remedies in Japan, Canada, and throughout the US. Don has successfully helped several dogs

and cats with the Bach Flower Remedies and behavior modification programs.

Don's goal is to teach you how to properly select and use Bach Flower Remedies for use with simple emotional/behavioral issues with your personal pets. For serious behavioral problems such as aggression or separation anxiety, you should contact Don for a private consultation.

### How to Register

The seminar will be held at Sanctuary Holistic Health & Yoga Center in Yarmouth. Space for the seminar is limited, so advanced registration is recommended. Spaces will be reserved based on the receipt of your complete payment. The fee is \$135, or \$115 if you register by October 7th. You may cancel and receive a full refund of your payment up to 14 days before the day of the seminar. You may also register over the phone via credit card by calling us at 945-6841.





### Green Acres Kennel Shop

1653 Union Street  
Bangor, ME 04401

Address Service Requested

945-6841

[www.greenacreskennel.com](http://www.greenacreskennel.com)

Voted Greater Bangor's Best Kennel!

2002, 2003, 2004, 2005 & 2006



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*Your pet's home  
away from home.*



*Helping you and your pet  
become best friends for life.*

**Book now for  
Fall & Winter Holidays**



Please, help  
us, help the  
Bangor Humane  
Society.

Please join the Green Acres staff at the Bangor Humane Society's *Paws on Parade* on Saturday, October 7th, as we walk to raise money and awareness for the thousands of homeless pets cared for by the Bangor Humane Society. You can pick up pledge forms at BHS and Green Acres. If you cannot walk yourself, please consider sponsoring one of the Green Acres staff as they walk for BHS.

## Coupons

Rather than limiting coupons to our newsletter 3 or 4 times a year, we are now posting coupons on our redesigned website on a monthly basis. Just checkout the *What's New* section of the website for our latest monthly coupons.

## Upcoming Events

SAT Sept. 30—Green Acres' Pet  
Appreciation Day—Green Acres

SAT Oct. 7—BHS *Paws on Parade*—Bangor  
Waterfront

SAT & SUN Oct. 14 & 15—PVKC Dog Show—Bangor  
Auditorium

SAT & SUN Nov. 11 & 12—Bach Flower Remedies for  
Pets Workshop—Yarmouth, ME

SAT Nov. 18—Pet Expo—Waterville, ME