



# Pet Behavior Counseling

*Helping you and your pet become best friends for life.*

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## RECOMMENDED RESOURCES

There are a great deal of books and videos on dogs and dog training. Quite frankly, many of them are pretty “antiquated” in their approach and are not very good. We do not recommend a book or video if it suggests physically punishing your dog in any form. We do not recommend books and videos that advocate choke collars, prong collars, shock collars, or the “alpha rollover.” We believe these training tools and methods are unnecessary and have great potential to harm you and your dog.

### Books

#### Dog Behavior & Training

***The Power of Positive Dog Training***, Pat Miller, Howell Book House, 2001. I have been reading Pat Miller’s articles in the *Whole Dog Journal* for years and have loved everything she has written. She is a skilled and compassionate dog trainer who really knows how to communicate to dog owners through her writing. This book is a superb “basic dog book” for anyone with a dog, and I highly recommend it. [*Green Acres Price* - \$18.99]

***The Culture Clash***, Jean Donaldson, James & Kenneth Publishers, 2005. An exciting book by an outstanding dog trainer and one of Don’s favorites. Donaldson makes a powerful case for thinking in terms of behavior modification rather than the older and more anthropomorphic dominance models of dog training. Includes an excellent section on operant conditioning. Winner of the Dog Writer Association of America’s “Best Behavior Book” award for 1997. [*Green Acres Price* - \$17.95]

***On Talking Terms With Dogs: Calming Signals***, Turid Rugaas, Dogwise Publishing, 2006, An excellent book on understanding a dog’s body language. Includes descriptions of how you can use your own body language to better communicate with your dog. [*Green Acres Price* - \$12.95]

***Living with Kids and Dogs...Without Losing Your Mind: A Parent’s Guide to Controlling the Chaos***, Colleen Pelar, C&R Publishing, 2005, Quite simply this is the best book available on dogs and children. If you have a kid and a dog, have a kid and are thinking of getting a dog, or have a dog and are expecting a child, you need to read this book! [*Green Acres Price* - \$16.95]

***Dominance: Fact or Fiction***, Barry Eaton, 2002, A summary of the newest research on dominance theory, and why it is no longer a good model for canine behavior. [Green Acres Price - \$7.95]

***Dominance Theory and Dogs Version 1.0***, James O’Heare, DogPsych Publishing, 2003, A discussion of dominance theory and how it applies to canine behavior. [Green Acres Price - \$19.95]

***Don’t Shoot the Dog - The New Art of Teaching and Training (2<sup>nd</sup> edition)***, Karen Pryor, Bantam Books, 1999. A pioneering book using shaping to change behavior in animals - dogs, cats, even humans. [Green Acres Price - \$14.95]

***The Other End of the Leash – Why We Do What We Do Around Dogs***, Patricia B. McConnell, Ph.D, Ballantine Books, 2002, An information-packed, immensely readable book. In it you will learn how to have a better relationship with your dog through better communications. Dr. McConnell clearly explains the manners in which dogs and their people communicate. [Green Acres Price - \$14.95]

***For the Love of A Dog Understanding Emotion in You and Your Best Friend***, Patricia B. McConnell, Ph.D, Ballantine Books, 2005, 2006, A superb review of emotions in both dogs and their people and how they bring us together and can rip us apart. Once again Dr. McConnell helps us to better understand our dogs and in doing so have the best possible relationship with them. [Green Acres Price - \$15.95]

***Stress in Dogs***, Martina Scholz and Clarissa von Reinhardt, Dogwise Publishing, 2007, This book outlines the physiology of stress in dogs, signs of stress, and how to make your dogs life less stressful. It emphasizes that more activity and involvement in dog sports is often **not** the answer to reducing stress in dogs but can be a major contributing factor. This book is a must read for anyone with an anxious or hyper dog. [Green Acres Price - \$14.95]

***Dogs: A new Understanding of Canine Origin, Behavior and Evolution***, Raymond and Lorna Coppinger, University of Chicago Press, 2001, An evolutionary biologist and dog lover, Coppinger outlines the likely process which resulted in the longstanding canine-human relationship. [Green Acres Price - \$16.00]

***Clicker Fun***, Deborah Jones, Ph.D., HowIn Moon Press, 1998. An excellent introduction to clicker training through the teaching of tricks and games. If you have a dog trained by conventional means, this book is a great way to get started with clicker training. [Green Acres Price - \$19.95]

***Your Outta Control Puppy***, Teoti Anderson, TFH, 2003. A must read for all people who have recently obtained or are considering adding a puppy to their family; not just those who are struggling with a young, misbehaving canine companion. [Green Acres Price - \$12.95]

***Positive Perspectives***, Pat Miller, Dogwise Publishing, 2003. A collection of the author’s columns from *The Whole Dog Journal* and *Your Dog*, this book offers excellent advice on training and happily living with your dog. [Green Acres Price - \$19.95]

***Click Here! For A Well-Trained Dog***, Deborah Jones, Ph.D., HowIn Moon Press, 2002, A compact manual covering the basics of learning theory, the mechanics of clicker training, and the essentials of a healthy, polite canine companion. This book provides an understanding of how to train a dog with a clicker, and why it is reasonable and appropriate to do so, [Green Acres Price - \$24.95]

***Positive Puppy Training Works***, Joel Walton, CPDT, David & James Publishers, 2002, A wonderful primer on using positive reinforcement and smart management to raise the puppy everyone wants. Joel offers great tips on establishing a relationship, managing the puppy, housetraining, play biting and chewing. A great starter book for the new family with a new puppy or for someone thinking about getting a puppy. [Green Acres Price - \$12.95]

***Labrador Retrievers for Dummies***, Joel Walton & Eve Adamson, Howell Book House, 2000. A superb book on Labs as well as dogs in general. Any dog owner or prospective dog owner can learn a great deal from this book on finding the right dog, training the dog and keeping them healthy. [Green Acres Price - \$15.99]

***The Dog Whisperer***, Paul Owens with Norma Eckroate, Adams Media Corp., 2007. This book emphasizes a compassionate, nonviolent approach to dog training. It offers great advice on building a relationship with your dog and shows you how to teach your dog all of the basics they need to be a great companion. [Green Acres Price - \$14.95]

***Clicker Training for Dogs***, Karen Pryor, Sunshine Books, 2005. This booklet is ideal for those of you looking for a quick, easy introduction to clicker training. It outlines the basics in simple steps while providing you with an understanding of the fundamental concepts. It includes specific exercises for teaching Sit, Down, Recall and Walking Politely. [Green Acres Price - \$16.95]

### **Cat Behavior & Training**

***Training Your Cat***, Dr. Kersti Seksel, Hyland House Publishing, 1999. Written by an Australian veterinarian, this book is an excellent primer on cat behavior, care and training. While many people think cats cannot be trained, this book demonstrates exactly how easy training a cat can be. [Green Acres Price - \$14.95]

### **Pet Health and Nutrition**

***Dr. Pitcairn's Complete Guide to Natural Health for Dogs and Cats***, Richard Pitcairn, DVM and Susan Pitcairn, Rodale, 2005. An excellent introduction to holistic and complementary healthcare for pets. [Green Acres Price - \$18.95]

***See Spot Live Longer***, Steve Brown and Beth Taylor, Creekobear Press, 2004. The first book that finally ties together the common sense holistic nutrition advice with the scientific research to back it up. A must read! [Green Acres Price - \$14.95].

***Natural Nutrition for Dogs and Cats - The Ultimate Diet***, Kymythy Schultze, Hay House, 1998. A superb introduction to feeding your dog or cat, fresh food prepared by you. [Green Acres Price - \$8.95]

***The First Aid Companion for Dogs & Cats***, Amy D. Shojai, Rodale Press, 2001. This is one of those books every pet guardian should have. It provides a quick reference to over 150 everyday accidents and emergencies in an easy to use format. [*Green Acres Price - \$19.95*]

## Videos

**Calming Signals: What Your Dog Tells You** – Turid Rugaas, Dogwise Publishing, 2005. A companion to the book *On Talking Terms with Dogs*, this tape/DVD provides excellent visual examples of how dogs use calming signals and how you can use them with your dog. [*Green Acres Price - \$24.95*]

**Puppy Love – Raise Your Dog the Clicker Way** – Karen Pryor, Sunshine Books, 1999. A superb introduction on how to use a clicker to raise your puppy in an effective gentle manner. [*Green Acres Price - \$24.95*]

**Click & Go: Getting Started with Clicker Training**, - Deborah Jones, Ph.D., Canine Training Systems, 2006. An excellent introduction to clicker or Click and Treat™ training for dogs. Dr. Jones explains the fundamentals of luring, shaping, targeting and reinforcement schedules in an easy-to-understand manner that will have you successfully training your dog in no time. [*Green Acres Price – VHS-\$29.95, DVD-\$39.95*]

**Click & Fetch: The Clicker Retrieve** - Deborah Jones, Ph.D., Canine Training Systems, 2006. Dr. Jones explains how to get a fast, accurate and reliable retrieve with your dog using all positive methods and no force. Includes explicit instructions on how to shape a "retrieve on the flat", as found in AKC obedience competition. [*Green Acres Price – VHS-\$29.95, DVD-\$39.95*]

**Click & Fix: Solving Behavior Problems with A Clicker** - Deborah Jones, Ph.D., Canine Training Systems, 2006.. This video shows you how to use positive techniques to solve problems like; the out of control dog, dogs that don't pay attention, housetraining, jumping, biting, chewing, barking and not coming when called. [*Green Acres Price – VHS-\$29.95, DVD-\$39.95*]

## Magazines & Newsletters

*The Whole Dog Journal*

A monthly guide to natural dog care and training

PO Box 420235

Palm Coast, FL 32142-0235

[www.whole-dog-journal.com](http://www.whole-dog-journal.com)

## Internet

Check the Green Acres website [www.greenacreskennel.com](http://www.greenacreskennel.com) for a complete and current list of websites that we recommend.

Truly Dog Friendly - <http://www.trulydogfriendly.com>

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Association of Pet Dog Trainers (APDT) – [www.apdt.com](http://www.apdt.com)

APDT Trainer Search - <http://www.apdt.com/po/ts/us.asp>

Certification Council for Professional Dog Trainers (CCPDT) - <http://www.ccpdt.org/>

CPDT Trainer Search - <http://www.ccpdt.org/rstr/index.html>

International Association of Animal Behavior Consultants - <http://www.iaabc.org/>

American Boarding Kennel Association (ABKA) - <http://www.abka.com/abka/>

ABKA Pet Service Locator - <http://www.abka.com/abka/findAFacility/default.aspx>

## **BOOKS WE DO NOT RECOMMEND**

There are many books on dog training and canine behavior that are extremely outdated and contain information that is potentially dangerous and/or inhumane. Many of these books also promote some very erroneous and deceptive ideas about dogs and dog behavior. At Green Acres we feel that we have an ethical responsibility to guide you away from these books. While the following list is not all encompassing, it does list several books that we find seriously flawed.

*Cesar's Way: The Natural, Everyday Guide to Understanding and Correcting Common Dog Problems* – by Cesar Milan

*How to be Your Dog's Best Friend*, by the Monks of New Skete

*The Art of Raising a Puppy*, both original and revised editions, by the Monks of New Skete

*Mother Knows Best*, by Carol Lea Benjamin

*Second-Hand Dog*, by Carol Lea Benjamin

*Surviving Your Dog's Adolescence*, by Carol Lea Benjamin

*Dog Problems*, by Carol Lea Benjamin

*Dog Training for Kids*, by Carol Lea Benjamin

*Dog Training in Ten Minutes*, by Carol Lea Benjamin

*Family Dog*, by Richard Wolters

*Good Owners, Great Dogs*, by Brian Kilcommons

*Child-Proofing Your Dog*, by Brian Kilcommons

*Koehler Method of Dog Training*, by Koehler

*Good Dog, Bad Dog*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*I Just Got a Puppy: What Do I Do?*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*Solutions for Your Dog and You*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*The Liberated Dog*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*Ultimate Guide to Dog Training*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*When Good Dogs Do Bad Things*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*Woof!*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal

*Woof! Woof!*, by Matthew "Uncle Matty" Margolis and Mordecai Siegal